



Standard First Aid with CPR Level A or C + AED

Register now

This two day course is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion.

Level A (Adult only) -8:30 am – 4:00 pm Level C (Adult, infants and children) - 8:30 am – 5:00 pm

SEPTEMBER	DAY	TIME	LOCATION
4,5	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
7,8	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
11,12	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
14,15	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
18,19	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
21,22	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
24,25	Tue,Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
28,29	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough

OCTOBER	DAY	TIME	LOCATION
2,3	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
5,6	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
9,10	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
16,17	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
19,20	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
23,24	Wed,Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
26,27	Sat,Sun	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
29,30	Tue,Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough

Standard First Aid Basic Life Support (BLS) HCP CPR + AED

This two day course is geared towards health care providers that require more comprehensive information on First Aid and CPR for the workplace or work in a medical response environment or hospital settings. This interactive program includes CPR training for adults, infants and children, 2 person CPR, automated external defibrillation (AED), artificial respiration, bag-valve mask use and pulse checks. Certificates valid for three years are issued upon successful completion.

SEPTEMBER	DAY	TIME	LOCATION
7,8	Sat,Sun	8:30 AM - 5:30 PM	1500 Lansdowne St. W, Peterborough
14,15	Sat,Sun	8:30 AM - 5:30 PM	1500 Lansdowne St. W, Peterborough

Standard First Aid with CPR Level A or C + AED Renewal**Register now**

This one-day renewal course is for individuals wishing to renew their St. John Ambulance Standard First Aid-Level A or C- AED certificates. Renewals are permitted for certifications which have not yet expired. For on-going renewals, this course must be alternated with a 2 day Standard course. Certificates valid for three years are issued upon successful completion.

Level A - 8:30 am – 4:00 pm Level C - 8:30 am – 5:00 pm

SEPTEMBER	DAY	TIME	LOCATION
26	Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
OCTOBER	DAY	TIME	LOCATION
22	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough
NOVEMBER	DAY	TIME	LOCATION
26	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough
DECEMBER	DAY	TIME	LOCATION
12	Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough

Standard First Aid CPR A or C + AED Blended

This blended training that combines computer based theory training with practical in-class training is for individuals who require more comprehensive information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with more than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for three years are issued upon successful completion.

Level A - 8:30 am – 4:00 pm Level C - 8:30 am – 5:00 pm

SEPTEMBER	DAY	TIME	LOCATION
26	Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough
OCTOBER	DAY	TIME	LOCATION
22	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough
NOVEMBER	DAY	TIME	LOCATION
26	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough
DECEMBER	DAY	TIME	LOCATION
12	Thu	8:30 AM - 5:00 PM	Lions Club, Peterborough

Emergency First Aid with CPR BLS (HCP) + AED

This one day course is for individuals who require basic information on first aid and CPR BLS (HCP). This course is geared towards health care providers & medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion.

SEPTEMBER	DAY	TIME	LOCATION
7	Sat	8:30 AM - 5:30 PM	1500 Lansdowne St. W, Peterborough

Emergency First Aid with CPR Level A or C + AED

Register now

This one day course is for individuals who require basic information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with less than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 persons CPR as well as automated external defibrillation (AED). Certificates valid for 3 years are issued upon successful completion.

Level A (Adult only) - 8:30 am – 4:00 pm Level C (Adult, infants and children) - 8:30 am – 5:00 pm

SEPTEMBER	DAY	TIME	LOCATION
4	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
7	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
11	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
14	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
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24	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough
28	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough

OCTOBER	DAY	TIME	LOCATION
2	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
5	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
9	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
16	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
19	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
23	Wed	8:30 AM - 5:00 PM	Lions Club, Peterborough
26	Sat	8:30 AM - 5:00 PM	1500 Lansdowne St. W, Peterborough
29	Tue	8:30 AM - 5:00 PM	Lions Club, Peterborough

Basic Rescuer CPR + AED - Renewal

This course provides comprehensive CPR training for general public interest or workplace requirements. Students will learn the responsibilities of a First Aid provider and the skills to provide assistance in the event of a cardiac emergency, choking or stroke for adults, infants or children as well as 2 persons CPR. Certificate issued upon successful completion

SEPTEMBER	DAY	TIME	LOCATION
7	Sat	1:30 PM - 5:00 PM	1500 Lansdowne St. W, Peterborough
14	Sat	1:30 PM - 5:00 PM	1500 Lansdowne St. W, Peterborough
21	Sat	1:30 PM - 5:00 PM	1500 Lansdowne St. W, Peterborough

CPR Basic Life Support (BLS) HCP

This course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion.

Please call for course dates

CPR Basic Life Support (BLS) HCP Renewal

This renewal course is geared towards health care providers that work in a medical response environment or hospital setting. Additions to the curriculum include two-rescuer CPR, bag-valve mask use, artificial respiration and pulse checks. Certificate issued upon successful completion.

Please call for course dates

Babysitting Basics

Register now

A St. John Ambulance course developed for youth ages 11 – 15

This course provides New Babysitters with the necessary skills to provide care to children in a variety of situations.

This course emphasises:

- Safety rules
- Responding to Emergencies; and,
- Development of Leadership Skills

Course content includes:

- Become a successful babysitter
- How to care for Infants, Toddler and School aged children; including (healthy meals, safe play, diapers, bedtime routines and much more).
- How to make the correct decisions when dealing with the behaviour of children
- Handling Emergencies
- Caring for a sick or injured child
- Prevention and basic First Aid – Choking, CPR, Head Injuries, poisonings, Burns and much more.

Take home Materials: Babysitters Manual, Babysitting Certificate and a small babysitting First aid kit.

Time: 8:30 pm – 3:30 pm

SEPTEMBER	DAY	TIME	LOCATION
27	Fri	8:30 AM - 3:30 PM	Lions Club, Peterborough

Location Map

Peterborough - 1500 Lansdowne Street, West, Peterborough, ON



Lions Centre - 347 Burnham Street

